



*Your Partner for a Healthier Life.*

**Holly A. Carling, O.M.D., L.Ac., Ph.D., Dipl. Ac. (NCCAOM)**

**213 W. Appleway, Suite 10, Coeur d'Alene, ID 83814**

**208.765.1994**

DATE: \_\_\_\_\_

TO: \_\_\_\_\_

Your initial, Complete Bio-Functional Analysis, visit at Vital Health is scheduled on \_\_\_\_\_ at \_\_\_\_\_. Your follow-up Report of Findings and Customized Health Support & Recovery Plan visit is scheduled on \_\_\_\_\_ at \_\_\_\_\_. Enclosed is the paperwork you will need for your first visit. Your appointment has been scheduled under the assumption that your paperwork will have been completed prior to your appointment time. When filling out the Symptom Survey form, please follow the directions carefully. Mark the box "1" for mild symptoms, "2" for moderate symptoms or "3" for severe symptoms. If the symptom does not apply to you, leave the box blank. Please have all of the forms completed before you come in for your appointment so that we can spend the entire amount of time allotted for your appointment, with you.

When you come for your appointment, please:

- ❖ Bring your completed New Patient forms (enclosed)
- ❖ Bring a summary of your medical history
- ❖ Bring any recent lab work, reports or X-Rays you have available
- ❖ Please do not wear any foundation make-up, fingernail or toenail polish on your first visit (will inhibit exam results)
- ❖ Please do not chew gum within 3 hours prior to your visit (will inhibit exam results)

Your initial visit will be \$374 (includes your Complete Bio-Functional Analysis plus your follow up Report of Findings and Customized Health Recovery Plan office visit). Health management office calls are \$170. Acupuncture treatments are \$85. Please note that this office does not process insurance claims. If you have insurance, we will provide you with a statement to submit to your insurance company and they will reimburse you, if your plan covers our services. We look forward to working with you to re-establish vital health in your life. If you have any questions, please give me a call at (208)765-1994.

In Vital Health,

Your Vital Health Team

P.S. We value your time and apologize for the amount of paperwork. The more information you can provide us with, the better we can serve you.