



213 W. Appleway, Ste. 10 Coeur d'Alene ID 83814  
208.765.1994

## DIRECTIONS TO VITAL HEALTH

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### From Post Falls/Spokane:

- I-90 East towards Coeur d'Alene
- Take the U.S. 95 exit – Exit 12 – toward Sandpoint/Canada
- Turn LEFT onto U.S. 95
- Turn RIGHT onto Appleway
- We are on the left hand side of the road just before Government Way in the Vital Health building.

### From Hayden/Sandpoint:

- U.S. 95 South to Appleway
- Turn LEFT onto Appleway
- We are located on the left side of the road just before Government Way in the Vital Health building.

### From Cataldo/Kellogg/Wallace:

- I-90 West to Coeur d'Alene
- Take the 4<sup>th</sup> Street exit – Exit 15
- Take a RIGHT onto 4<sup>th</sup> Street
- Then take a LEFT onto Appleway
- We are located on the right hand side of the road just past Government Way in the Vital Health building.